



Aug 30, 2021

We have begun the preseason training and the Schroeder pool should reopen soon. The season is about 32 weeks long - loosely divided Fall- Winter-early Spring.

We welcome swimmers and/or their parents to ask questions when / if you have them:

RAC-Based Athletes - Chandler Lewis [clewis@wsacltd.org](mailto:clewis@wsacltd.org)

WSAC-based Athletes - David Anderson [danderson@wsacltd.org](mailto:danderson@wsacltd.org)

Each week, a newsletter is published usually on Wednesday on a FaceBook Group called Schroeder Swim Team News. The link is below.

[join FB group to view Newsletter](#)

Chandler and I use Commit Swimming to write and publish our workouts. Athletes can view the workouts using the app. Dave also uses What's App to communicate with athletes

**We strongly encourage senior athletes to add their personal email addresses** to the TeamUnify website under their family account so that they can receive news, newsletters and reminders about signing up for meets

### **Senior Meets 2021-22**

In general, Senior swimmers should register for meets, pick their events and if they have questions or need help, they should ask their coaches for guidance.

Parents will have to help by adding their swimmer's email addresses to their family's account and help to remind swimmers of their responsibility to sign themselves up for contests by the deadline.

A note to swimmers: When choosing swims and events, you should have a reason for signing up for an event or event line up. What races are important to you, what do you need to work on, what will you try to accomplish by racing the event are the questions you should be considering.

<b>Date</b>	<b>Meet</b>	<b>Sign Up By</b>	<b>Notes</b>
SEPT 26	WEST/EBSC Tri	9/20	Short Program @ WEST



OCT 15 - 17	GMO	10/6	Swim Up to 3 sessions
OCT 24	Spooktacular	10/14	recommend swimming 100 Free only
OCT 29 & 30	SSTY v EBSC	10/27	High School order of events / polo Sa
NOV 14	Schroeder Y Invite	10/27	Chance to go fast for Boys and Girls
NOV 19 - 21	WGLO	10/27	Must have times
DEC 2 - 4	Winter Nationals	11/15	Must have times - Greensboro
DEC 3 - 5	Schroeder Y Finalist	11/23	If Texas 1 session is fine, otherwise full
DEC 16 - 19	KMSC OK, TX	11/30	Must have times - HS Boys can go!
JAN 8	Carr Valley Big Cheese	12/26	Top 25 Girls only
JAN 15 & 16	Penguin Challenge	12/28	open to all, recommend for non cheese
FEB 4 - 6	A+	12/1	open to all - if no time standard ask coach
FEB 12 - 13	Feb Freeze	1/25	Recommended for Non State qualifiers
MAR 3 - 6	13 & O State	?	Qualifiers must have times
MAR 12 & 13	SE WI Y Sect	2/24	if needed for Nat YMCA or desired
MAR 18 - 20	WI YMCA State	3/9	must have times
MAR 28 - 4/1	National YMCA	TBA	Need 4 YMCA Only Meets including Y State YMCA Meets are in RED

Notes: If you can't make four YMCA meets one of which is Y State and you intend to go to Nationals let Dave or Chandler know so we can help find a substitute. Girls should be able to swim Spooktacular & Boys should be able to swim Finalist with WIAA rule



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